

# Smithville Cross Country Invitational

Tuesday, September 24, 2019



- Location** Julia Bargman Memorial Cross Country Course  
Smith's Fork Park, Smithville, MO
- Entries** Submit all entries at [www.athletic.net](http://www.athletic.net). Entries will close on Saturday, September 21<sup>st</sup> at 9:00pm.
- Entry Fee** \$130 per school. Make checks out to *Smithville High School* ATTN: Coach Alex Moore. (645 S. Commercial Ave. Smithville, MO 64089)
- Schedule** We will adhere to the following time schedule. Some races will overlap.
- 3:45pm Coaches Meeting
  - 4:00pm Combined Middle School (1.5 miles) – Unlimited
  - 4:30pm Girls Junior Varsity (5,000m) – Unlimited
  - 5:00pm Boys Junior Varsity (5,000m) – Unlimited
  - 5:30pm Varsity Girls (5,000m)– 7 runners per team maximum
  - 6:00pm Varsity Boys (5,000m) – 7 runners per team maximum
  - 6:45pm Awards Presentation
- Packet Pick Up** Packets will be distributed to coaches as you unload your bus. If we miss you, packets may be picked up at the coaches meeting.
- Timing** Chip timing will be provided by *Morgan Sports*. Please remember to have your athletes return the chips to you or your manager. There is a fee for any unreturned chips. (*we will do our best to remove all chips at the finish line*)
- Parking** Buses will park at *Grace Community Church* (across DD from XC course).
- Team Awards** Top Team in High School Varsity races.
- Individual Awards** High School Varsity: Top 20  
High School Junior Varsity: Top 10  
Middle School: Top 10
- Spectators** There will be no admission charge for spectators. Parking is available in the small lots at Smith's Fork Park (near the baseball fields and tennis courts).
- Amenities** Restrooms are available near the parking lot. Port-a-potties will also be located near the start/finish line. The Smithville XC Booster Club will sell food, drinks, and t-shirts. Water will be made readily available for participants and coaches.
- Trainer** A certified athletic trainer will be on site with AED.
- Questions** Alex Moore – Head Coach [moorea@smithville.k12.mo.us](mailto:moorea@smithville.k12.mo.us) 816.809.5948  
Darren Shaffer – Athletic Director [shaffer@smithville.k12.mo.us](mailto:shaffer@smithville.k12.mo.us)